COUGAR CROSS COUNTRY

PRINT ALL INFORMATION CLEARLY – USE ALL CAPITAL LETTERS

First Name:		_ Last Name:	
Gender: M / F Gr	ade: Age:	Birth Date:	Height:
Address:			
City:			Zip:
Athlete e-Mail:			
	A	Athlete Home Phone:	
		Athlete Cell Phone:	
Parent Name:		Phone:	
Parent e-Mail:			
Parent Name:		Phone:	
Parent e-Mail:			
Previous CHS Cross C	Country Years:	Other Running Experienc	e:
Other Sports, Teams,	or Extra Curricular activities	s with which you are currently inv	volved:
Academic Goals:			
Athletic Goals:			

EACH ATHLETE IS EXPECTED TO **COMMUNICATE RESPONSIBLY** WITH THE COUGAR CROSS COUNTRY COACHING STAFF! ATHLETES INVOLVED IN ADDITIONAL EXTRA CURRICULAR ACTIVITIES (including club sports) MUST **ATTACH SCHEDULES** FOR THOSE ACTIVITIES AND LIST ANY POSSIBLE CONFLICTS WITH THE TEAM PRACTICE AND COMPETITION SCHEDULE BELOW.

In addition to noting them below, YOU MUST PERSONALLY MEET WITH AND VERBALLY DISCUSS ALL POTENTIAL CONFLICTS WITH CHUCK PRIOR TO AUGUST 31ST!!! LISTING POTENTIAL CONFLICTS DOES NOT MEAN YOU ARE EXCUSED FROM CROSS COUNTRY ON THOSE DAYS. YOU MUST MEET WITH CHUCK TO DISCUSS THE SITUATION AND DETERMINE A PLAN THAT ALLOWS YOU TO FULFILL YOUR OBLIGATION TO THE CROSS COUNTRY TEAM SCHEDULE.

IF YOU HAVE NO CONFLICTS, DON'T FEEL BAD. BY FOCUSING ON A FEW THINGS RATHER THAN SPREADING YOURSELF THIN, YOU ARE MAKING GOOD CHOICES!!

Potential Conflict:	
Date and Time:	
EXPLAIN how this might be a Possible Conflict with the Cross Country Schedu	le:
Potential Conflict:	
Date and Time:	
EXPLAIN how this might be a Possible Conflict with the Cross Country Schedu	
DON'T FORGET SAT, PSAT, ACT, or other testing date conflicts for which	
EXPLAIN how this might be a Possible Conflict with Cross Country Schedule: _	
	YOU MUST DISCUSS THIS WITH CHUCK!